

ERASMUS+ International Credit Mobility in Lille, France

I was in Lille, France, as part of the Erasmus + (Erasmus +) Credit and Collection Program, an exchange funded by the European Commission. The mobility started on January 3 and lasted for 5 months. International Relations Coordinator Vira WANNEPAIN has been coordinating us. Overall, I passed 6 subjects, where 15 ECTS were recognized by sending university. I studied Production Management, Nutrition, Ingredients, Sensory Analysis, Physical, Chemical, and Microbiological Characterization of Food Products and French at Junia ISA University. In addition to university, activities I was involved in various cultural and outdoor activities.

The subjects were full with both theoretical and practical knowledge. At the end of the lecture I participated in group work based on the application of the acquired theoretical knowledge. Also very interesting were the lectures given by specialists invited from a company that produces various food or food ingredients. The sensory analysis course was based on practical lessons, analyzes were conducted on the students after each lecture, which helped us to be in the role of assessors. In physical, chemical and microbiological characterization of food products, we have studied and conducted such important laboratory analyzes as protein determination, rheology, fat and dry matter determination and more.

During the breaks between the courses I was also able to travel to different countries and get to know their culture.

In the end, the 5 months spent in France were quite busy and time consuming. The course helped me to develop and improve foreign languages, as well as to make international friends. I think that through this course I have developed practical skills, which will also help me to realize and implement the acquired knowledge in Georgia.



