

## Erasmus + mobility for teaching/training in

### Silesian Technological University

Silesian University of Technology (SUT) is partner university of GTU. So, when I heard about this teaching mobility, I decided to apply. I had information about STU that there were very popular and well-equipped laboratories for biomedical engineering and this fact motivated me most to participate in Erasmus + mobility program.

My most important expectations were sharing knowledge and experience, getting inspired and inspire others, getting to know the students and teachers of STU and getting more information from professionals about planning teaching programs. Fortunately, I was invited on international staff week 2022 at STU that gave me excellent opportunity to have contact with more than 15 country academic representatives.

International Staff Week 2022 was held in Gliwice, Poland from 4<sup>th</sup> to 8<sup>th</sup> of July. All parts of the program were really interesting for me, it was very well organized by SUT. First two days were mostly for representing our home universities. Also, represented our countries national delicacies. Third day was for university campus tour, where we visited the most interesting parts of SUT faculty labs such as Centre of New Technologies, Scientific and Didactic Laboratory of Nanotechnology and Material Technologies – Gliwice, European HealthTech Innovation Center Laboratories – Zabrze, among others. Also, this day was very useful for meetings with representatives of Biomedical Engineering Faculty program, we changed our experience, contact information and discussed future collaboration possibilities.

This program was enriched with cultural activities, during our stay in Poland we had guided tours in the second-largest and one of the oldest cities in Poland Krakow and Gliwice.



Last few days was for panel discussion of SUT's staff and students, participants of International Staff Week who shared their thoughts about experiences with Erasmus mobilities and how they affected their lives. And for the final day we summed up of our event and had discussion about the plans for future. In the end of the program all the participants received Certificates of Attendance.

To sum up, during my stay in SUT I had an intensive and rich program throughout the week, even more intense than I thought before arriving. The experience that I got from this mobility program is really valuable and I hope to use it to improve my teaching skills and learning courses.



